Grocery List

Y/N	Items	# M/F
	Vegetables	
	Artichokes	
	Asparagus	
	Beets	
	Bell Pepper	
	Broccoli	
	Brussel Sprouts	
	Cabbage	
	Carrots	
	Celery	
	Celery	
	Collard Greens	
	Corn	
	Cucumbers	
	Endive	
	Garlic	
	Green Beans	
	Green Onions	
	Lettuce	
	Parsnips	
	Potatoes	
-	Peas	
	Red Bell Pepper	
	Red Onions	
	Shallots	
	Snow Peas	
	Spinach	
	Squash	
	Turnip Greens	
	Yellow Bell Pepper	
	Yellow Onions	
	Zucchini	
	Fruit	
	Apples	
	Banana	
	Cantaloupe	
	Cherries	
	Green Grapes	
	Honey Dew	
	Kiwi	
	Mango	
	Oranges	
Ī	Papaya	
	Peaches	
	Plums	
	Red Grapes	
	Strawberries	
	Tangerines	
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Items	# M/F
Fruits	
Avocados	
Blackberries	
Blueberries	
Figs	
Pears	
Pineapple	
Raspberries	
Star Fruit	
Ugly Fruit	
Diary	
Butter	
Cheese	
Cottage Cheese	
Cream Cheese	
Eggs	
Ice Cream	
Margin	
Milk	
Sour Cream	
Yogurt	
Spices	
Other	
Pepper	
Salt	
Seasonings	
Fresh Herbs	
Basil	
Cilantro	
Dill	
Mint	
Parsley	
Poultry Mix	
Rosemary	
Sage	
Thyme	
Meats & Poultry	
Bacon	
Chicken	
Ground Beef	
Ham	
Lamb Chops	
Lamb Kabobs	
Liver	
Pork Chops	
Sausage	
Steak	
Turkey	

Y = Yes N = No # = Quantity M = Market Fresh F = Frozen

Grocery List

Grou Turke Turke	& Poultry and Turkey key Bacon ey Sausage Veal Fish Clams Grouper Halibut Lobster Ahi Mahi Mako Dysters Salmon Salmon callops Shrimp	
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	ring Soda	
	scuit Mix	
	wn Sugar	
	olate Chips	
	Baking Choc	
	fee Cake	
	fee Cake	
	orn Meal	
	ish Muffins	
E	Extract	
	Flour	
	d Coloring	
	nocolate Mix	
	af Bread	
	ncake Mix	
	ered Sugar	
	ortening	
	Sugar	
	Vaffles	
	Snacks	
	Chips	
	Cookies	
	/ Dip Mix	
	opcorn	
	retzels	
Torl	tilla Chips	

Y/N	Items	# M/F
	Snacks	
	Candy	
	Crackers	
	Pudding	
	Trail Mix	
	Nuts	
	Personal Care	
	Air Fresheners	
	Body Soap / Wash	
	Bottle Water	
	Cleaning Supplies	
	Conditioner	
	Contact Lens Solution	
	Dental Floss	
	Deodorant	
	Dish Liquid	
	Face Soap	
	Fabric Softener	
	Grease	
	Hair Gel	
	Hair Spray	
	Hand Soap	
	Laundry Detergent	
	Lotion	
	Mouthwash	
	Paper Towels	
	Q-Tips	
	Razors	
	Sandwich Bags	
	Shampoo	
	Shaving Cream	
	Toilet Paper	
	Toothbrush	
	Toothpaste	
	Vitamins	
	Other	
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